Magic of the I Ching
What is the I Ching?

- Ancient Taoist spiritual system
  - Thousands of years old, “used as an oracular tool to make clear decisions in harmony with nature”
  - Condenses the patterns of living systems into 64 primary archetypes (Book of Changes)
- A synthesis of science, spirituality, and art
  - Each of the 64 hexagrams of the I Ching is a geometry, a natural image, and a poetic expression
  - There is a direct correlation between the hexagrams of the I Ching and the codons of DNA
- A language of light that speaks directly to the DNA
Nature of the I Ching

- For those who resonate with the form of the I Ching, it is a portal through the mind into the heart.
- The I Ching begins with the understanding that the life-force, or Tao, is essentially one, whole, and complete.
- The many forms of nature and the apparent diversity of life arises from Tao expressing itself through myriad patterns, which all carry the same seed of simplicity, harmony, and purity.
- The I Ching provides clarity in understanding life's patterns, and a solid foundation for creative exploration.
Structure of the I Ching

- The structure of the I Ching is rooted in simplicity and harmony
- The I Ching leads from duality to unity, and from unity to infinite expressions
  - At the heart is the yin/yang binary
  - Opposites are complementary
- Yin and yang separate only to re-unite
- Non-dual
  - Yin exists within yang, yang exists within yin
Structure of the I Ching

- Duality leads to trinity (father, mother, child)
  - Three yin or yang lines give rise to a trigram, which is associated with a particular image/energy (read from bottom to top)
Structure of I Ching

- Two trigrams combine to form a hexagram, which completes one cycle of evolution
- The lower trigram represents what is within (subjective), whereas the upper trigram represents what is outside (objective)
- The six lines of a hexagram combine in 3D to form a tetrahedron, the simplest polyhedron
- Every hexagram has a partner, and these partners combine to form merkabas, the simplest (non-circular) form of perfect balance and unity
Applications of the I Ching

- Spiritual contemplation (path of enlightenment)
  
  “Contemplation utilises aspects of both meditation and concentration. It is rooted in the corpus callosum... You take the object of your contemplation and concentrate your whole being on it but without any effort or tension... True intelligence is activated through the patience and softness of the heart, and only later confirmed by the mind. Here you need to be a lover of mystery with a beginner's mind, rather than arriving as an expert determined to solve a riddle.” (Richard Rudd)
Applications of the I Ching

- Educational paradigm
  - The I Ching is founded in the understanding that the essence of nature is harmony and effortless flow... our education then is not about learning to control life, but learning to listen deeply and cooperate with life.
  - I Ching begins with simplicity and shows that greater complexity arises naturally and easily from simple foundations. Rather than work through complex systems to arrive at a complex goal, we can explore simplicity and allow the applications and manifestations to present themselves.
  - The I Ching is not a system of belief, rather, it allows us to appreciate the changing nature of life and embrace it without fear or ambition. This gives us the freedom to find our own answers.
Applications of the I Ching

- Empowerment and activation of inner genius
  - Through the work of Richard Rudd, author of Gene Keys, the I Ching can be seen as a guide to the spiritual potential contained in the code of the DNA
  - By contemplating these genetic archetypes, they are activated in our DNA
  - These archetypes can also be converted to sound and movement, allowing us to speak directly to our DNA
  - The creative potential in the I Ching is limitless
Example of Hologenetic Profile
More Resources

- *Gene Keys* by Richard Rudd
- *Tao Oracle* by Ma Deva Padma
- *I Ching* translation by Richard Wilhelm