



## Vibrating at the Alta Major Higher Vibration

I set out to write a paper about the vibration of the Alta Major Chakra, and during my research I ended delving deeper into “what is” vibration? I allowed my curiosity lead me to what needed to be acknowledged and soon found I was writing more about an overall process of amplifying vibration. And, at the end it all coalesced and coiled back into a truth that needed to be understood in order to reiterate, the simple yet mysterious, that ultimately we can Vibrate ourselves to connection, to source, to Higher ways of Being.

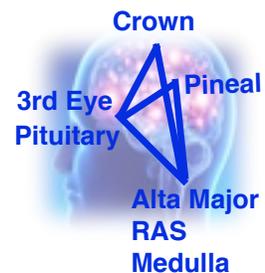
Though there are many references or names for this Chakra, such as The Breath of God, and the Mouth of the Goddess, it is mostly known by the name Alta Major. And the most written material and information brought forth has been through Alice Bailey. This Chakra is considered to be one of the minor chakras... However, for Alice Bailey and other Spiritual Awakeners the Alta Major meant a lot more than just a minor center. And nowadays, for some, this center is understood by attributing it to being “the back of the 3rd Eye Chakra”.





The Alta Major is known for many functions that include: A center where Shakti ignites traveling down the spine through waves of vibration; it's known as a part of the Kundalini rising; it is known for a center of divine inspiration and intuition; it is known and used not only as a pathway, but more so, as a trigger or a gate to open; and also known for its ability to connect one to higher forces... When one is ready.

Descriptions show that when opening the Alta Major, there's a simultaneous triangular connection, in-tune vibration, that happens between the Crown Chakra, 3rd Eye, and the Alta Major. Furthermore, these have a relation to bio-Systems and Glands of the body: The 3rd Eye with the Pituitary Gland; the Crown Chakra with the Pineal Gland; and the Alta Major with the Reticular Activating System-RAS & Carotid Gland (supposedly located in Carotid Artery). This is known not only through their location but also through the verification of the many who have observed and/or have gone through these esoteric experiences. There has not been much scientific research or proof about-or-where this Carotid Gland is physically located, so it may just be at the Ethereal level.



Located in an auspicious space, the Alta Major resides in the area, above C1 - Atlas, in the space where the Medulla oblongata and Cerebellum are located - where the cranial bones connect with the vertebrae.



Though there are several explanations from Eastern and Western views of how the Alta Major works and what it does, I find there is a basic Truth, a point where they all meet in regards to the essence of this Chakra. Basically I find it points out to the location - where many

spiritual paths & practices see this area as auspicious; points to the systems & Glands it's connected to; and the amplifying of one's inherent Vibration through the activity of these systems. It is here where I got validation that there was something else going on, that I was talking and writing about. And, basically had to do more, with amplifying one's vibration.



In Esoteric/Spiritual communities, the vibrating and opening of this area was a step for the more advanced student who had gone through an extensive spiritual practice. And in some ways, had gone through trials and tribulations, of intense purification, perhaps akin to the Seven levels of Transformation of Alchemy. From Calcination, washing away, shedding, brewing, fermenting, distilling, all sense of hindering emotions and ego-self, to coming into a true essence of who one is. Arriving at this pure essence of being was a major step that would render one ready for opening and receiving that higher vibration and/or Cosmic waves.



In ancient Egypt, it is said, this was a center where initiation was transmitted to the “ready” adept, by priests pointing to the back or top of the head, with a rod. These rods, were known to generate a sound, a frequency that would resonate and assist further in carrying out the vibratory-pulse of this activation, throughout the Nervous System, Spine, Brain and Subtle Bodies.



What it looks like is that this vibratory-pulse aligns the body, to become more like a Tuning Rod itself - to be able to receive and/or withstand higher vibratory frequencies. Ultimately, connecting one with source, while bringing this vibration and light into being and into higher Consciousness, on a physical plane of existence.

On a biological note, when vibrating, and activating this triangular connection, it is said, there are bio-chemical reactions that happen between the Pineal, Pituitary, & Carotid Glands along with the RAS. This activity happens throughout the brain, Nervous System, down the Spine to the heart and throughout the body.

What I think happens, is that, through the body's bioelectric, biosonic & bioluminescence functions, in essence, these reactions amplify the vibratory frequencies at the cellular level, thus becoming more electrical and magnetic that Tuning-Rod. And this brings about the amplification - that higher vibratory level needed, to withstand and hold, at the physical level of being, that higher Vibration/high Frequency Cosmic Rays coming in.



What I also think happens, is that the vibration and activation of this Triangular set, transforms this area known as the ancient "Reptilian" part of the brain, Transcending one to further become a more realized human being.

As for what we know about vibration... Everything is vibrating at the smallest quantum level possible that becomes a solid through the vibration of the frequency of sound or the sound frequency to cohesive matter - as seen visually through Cymatics. ... And so, are our thoughts and emotions.



So how does one bring this home to a point of everyday living? One way is through our Spiritual practice of whichever that may be. And more basic yet, is to be in observance of our thoughts and emotions, perhaps the shadow side, projections and reflections ... All that can be at constant play. We can Tone through those ways that no longer serve us, and use sound or other modalities, for ourselves and for our clients. We can connect Brain to Heart and, can inspire to Transmute and Transcend... With a touch of Aspiration and a Want to Awaken.



Overall, basically, what I found is that, when one is ready, opening the Alta Major is one step further to take to activate the light body to enter into physical body. However, from my understanding and observance ... I found that opening and activation of this area, along with all above mentioned, was Essential to prepare the body for the integration of the attainment of the Light-Body to receive Cosmic waves or rays into the physical. Light body may be also known as: Diamond Body, Rainbow Body and/or Ascension.

So, bringing this activation, purification and transformation and opening to a Higher Major to a probability? Goes without question. I feel this can assist in the Transcending and Awakening of these times... As we ready our selves for Ascension.

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